

For more information about EHF, our work and other publications and media resources, please contact us at the address below or visit our website.

The logo for the Ethnic Health Forum features the text "ethnic health forum" in a lowercase, sans-serif font. The text is positioned to the left of a cluster of colorful, semi-transparent circles in shades of red, yellow, green, blue, and pink. The circles are arranged in a roughly circular pattern, overlapping each other.

ethnic  
health  
forum

## **ANNUAL REPORT 2006**

Room 36  
Woodville Resource Centre  
Shirley Road  
Manchester  
M8 7NE

Tel: 0161 720 7222  
Email: [info@ethnichealth.org.uk](mailto:info@ethnichealth.org.uk)  
URL: [www.ethnichealth.org.uk](http://www.ethnichealth.org.uk)

## **CONTENTS:**

Introduction

About EHF

Structure of the organisation – EHF

Message of the Chair

Projects' Report

Project 1- VAM Agenda 2010 – Collections

Project 2 - GMCVO - Greater Manchester Broadband Project

Project 3 – Organising Psychotherapy Seminar

Future Projects / Direction

Financial Report

Acknowledgements

## **Introduction:**

Ethnic Health Forum since it was established has strived to come up with innovative ideas and developments within health and social care information sector. EHF identified clear gaps in the information sector and has attempted to fill it with minimal resources by producing audio-visuals, CDs, and information via website to address needs of wider community sector nationally.

EHF aspires to bring new ways of working by utilising modern technologies within community, voluntary and social care sector by piloting projects and disseminating outcomes for learning by service providers and community and voluntary sector organisations.

This annual report will highlight the projects and activities performed in implementing organizational aims which were accomplished without the services of any regular employee but achieved with the help and support of sessional staff and volunteers.

## **About EHF:**

### **Mission Statement:**

EHF aims to contribute and influence local and national policy and service developments in health, social care for ethnic minorities in the United Kingdom.

EHF translates its vision into reality through:

- Tackling Social care inequalities
- Health education and health promotions
- Media resource development
- Community Research / action learning
- Consultancy

### **EHF intends to expand its services in:**

- Project developments
- Organisational capacity building
- Idea developments
- Advice for community social care provision

## **EHF History**

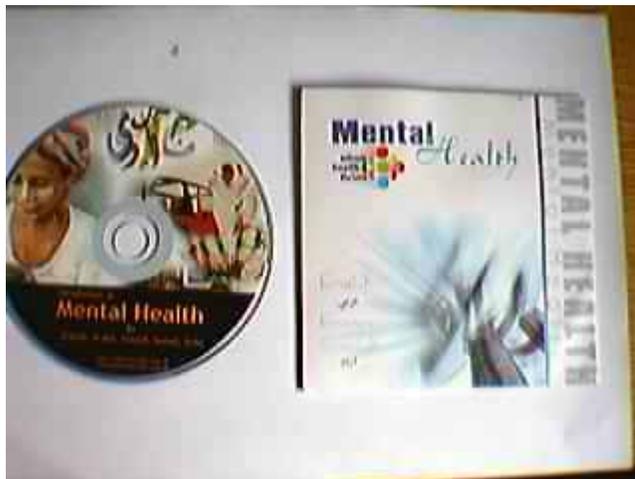
EHF was established in 2003 after identifying gaps in provision of the services of the community and voluntary sector and decided to set up an organisation that can assist the knowledge and information vacuum by developing online and digital accessible resources which can be transferred and replicated locally and nationally.

EHF strongly believes in action learning and has committed itself working alongside academic institutes to carry out research by bridging researchers and community and voluntary sector. EHF has been successful at its inception in securing funding from the department of health to carry out small research projects under the supervision of Salford University.

The projects and activities at the core of EHF ethos are reflective of innovation and applicability of modern technologies in encompassing parameters set out by the government initiatives whereby introducing new ways in accomplishing community and voluntary sector service provisions.

EHF current projects are a direct result of gaps and barriers identified by the existing research within the ethnic minorities and disadvantage groups. The projects are strictly monitored and evaluated during their delivery and project outcomes are disseminated for future policy and practices within the community sector.

Structure of the organisation – EHF

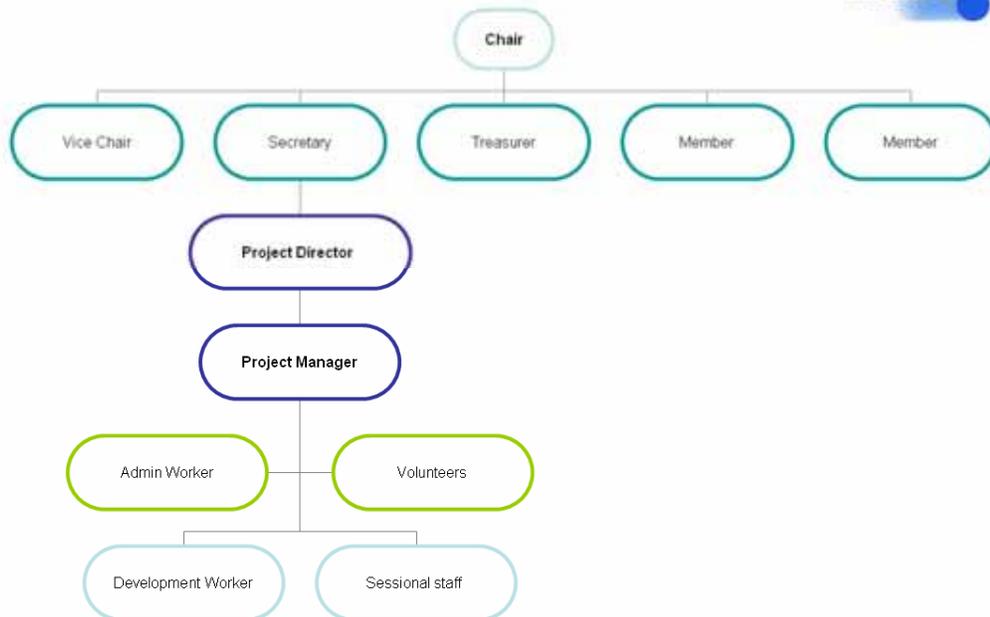


***Mental health CD ROM  
produced by Ethnic Health  
Forum***

Mental health information in Arabic, 5 different community languages – Arabic, Bengali, English, French, Somali and

---

## Organisational Structure



### Message from EHF Chair

*“ It gives me great pleasure to mention that Ethnic Health Forum has progressed so much in a short time mainly with the support and help of volunteers, sessional staff and few workers who remained dedicated to the mission and objectives of the organisation.*

*I hope Ethnic Health Forum Management Committee will be able to put more efforts in setting up projects which are needed for the growing numbers of ethnic communities in the United Kingdom in general and in North West in particular.*

*I wish everyone success for future.”*

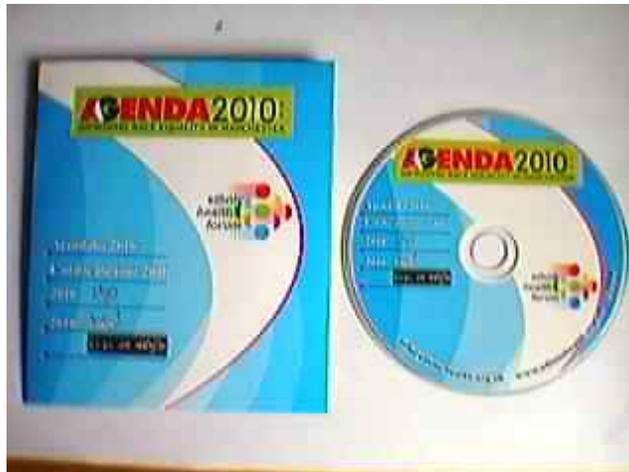
## Projects' Report

### Project 1

VAM Agenda 2010 – Sep 2005

Agenda 2010 is a partnership led by Manchester Council for Community Relations, the Progress Trust, Jobcentre Plus, the NHS, Manchester Education Department and Greater Manchester Police, to tackle racism and racial discrimination in the city over a ten-year period.

The themes of Agenda 2010 were developed in October 2000. Despite this, some of the communities from black and minority ethnic origin are not aware of its importance. This is partly because since its conception engagement with black and minority ethnic communities has been slow. The community and voluntary sector have a part to play in ensuring that BME communities are aware and engaged with Agenda 2010.



The Ethnic Health Forum (EHF) has identified this gap and has produced this Agenda 2010 CD ROM in 5 languages i.e. Arabic, English, French, Somali and Urdu, to facilitate interest among those members of black and minority ethnic communities whose first language is not English.

The CD produced was later distributed within the local community and voluntary sector, local libraries and major business places like community cash and carry's. EHF also produced a calendar which was distributed amongst the participants at the annual agenda 2010 conference in Manchester.

The funding for the agenda 2010 was approved approximately 2 weeks before the project had to be delivered; hence the team worked within a strict deadline and managed to deliver just in time.

## Project 2

GMCVO - Greater Manchester Broadband Project - Dec 2005

### **E- drop-Ins via “Video conferencing / Live Streaming”**

*- a pilot project bringing interactive health talks to everyone's desktop via internet*

Ethnic Health Forum with support of MDDA and funded by Greater Manchester Broadband Community Chest will introduce a new concept of drop-ins by introducing Broadband dependent internet technologies (Video Conferencing/ Live streaming)

#### **Key Aims:**

1. To apply new technology in improving current mental health drop-ins bringing a transformation in community work.
2. To provide authenticated, direct, specialised information on health and social care issues to mental health service users/ carers from South Asian background (We are narrowing the target community because it will be a pilot study.)
3. To increase computer skills leading to increased uptake of Broadband technology amongst BME service users/ cares
4. To develop & collect more web based quality content in the form of audio/video format to be made available on Ethnic Health Forum's website for download and viewing after streaming by wider mental health workforce, users & carers

#### **Relevant evidence showing need of such initiative:**

- A MORI survey revealed that 60% of people who use the internet would seek help for mental health problems on the net. The main reason being wealth of information available and also the convenience and anonymity offered by the internet.
- Guardian dated 7<sup>th</sup> Dec 2004 also highlighted “more and more of us are turning to the web for medical advice”

#### **Background of drop-ins:**

Drop-In provides a place where anyone who has experienced any problem like mental health can go to socialise and enjoy a shared meal cooked by those attending or talk to people in similar situations. Ethnic Health Forum's past experiences of working with community organizations and mental health projects has shown that a large proportion of drop-ins do not meet the expectations and aspirations of their client group.

## Outcomes of E-drop-ins

E-drop-Ins" via video conferencing will bring wealth of information and interaction in these drop-ins which are poorly dealt on an uneven basis where one group may get a better level of information whilst another miss out. This project will deliver same, consistent and professional information simultaneously to all the groups at various locations creating a sense of shared participation. Additionally all this information will not be a one sided lecture delivery rather users, audience can interact with speakers by bringing up questions/problems through range of communicating methods like telephone, chat and E-mails and audio (if they have microphone).



Project Worker facilitating e-drop in at Bolton using multimedia projector and connecting to Live Web on screen.

Screen shot of Live Web cast – provided by Manchester Digital Development Agency (MDDA).



## Project 3

### Organising Conference – Sep 2005

A conference was organized at The Hough End centre in Manchester on 26<sup>th</sup> September 2005. The theme of the conference was Psychotherapy and Counselling from an Islamic Perspective. The Guest lecture was presented by Professor Malik Badri – Professor of Psychology in International University of Kuala Lumpur, Malaysia. He is a renowned psychologist who have worked in the UK and in the Muslim world. The conference was attended by health professionals working within the NHS and voluntary sector and included medical doctors, counsellors, medical and social science students.

The lecture was focused on the disparity between current psychotherapy / counselling strategies and practitioners' difficulties in dealing with diverse Muslim clients. The aim was to develop more understanding about future models of service based on real evidence.



## **Future Projects / Direction**

EHF wishes to fill the knowledge gap around issues faced by the black and minority ethnic communities in the UK by working alongside the research institutes and academics. This will be achieved through action learning and applying established monitoring and evaluation processes during the project delivery and by disseminating good working practices and lessons learnt.

Ehf would like to identify areas of community service where there is lack of resources and will try to develop tool kits/ resources for the wider use within the community and voluntary organisation especially from minority ethnic background, mainstream organisations and statutory sector services.

Though EHF mainly focuses in providing services for community organistaions and their staff but EHF will endeavour to provide community services by testing and piloting any innovative project which may have future implications within the CVS framework.

EHF welcomes applications form the members of those communities who are under represented especially for those who are newly arrived immigrants and have interest in EHF aims and objectives.

**Ethnic Health Forum**  
**Room 36, Woodville Resource Centre**  
**Manchester**

Income and Expenditure Account  
For the year ended 31st March 2007

**RECEIPTS**

Mental Health Conference	650	
Central Manchester PCT	2,500	
Impact-Physical Activity	2,650	
Received Re: Community Champion Award on on behalf of award winner		1,995
		<hr/> <b>7,795</b>

**LESS: PAYMENTS**

Payment on behalf of Ferns Associates	239	
Payment against CHD	1,187	
Payment against Central Manchester PCT	1,000	
Payment against Mental Health Conference	395	
Miscellaneous Expenses	202	
Telephone	462	
Printing & Stationary	112	
Payment to Sessional Worker	620	
Accountancy	150	
Depreciation	425	
Payment of Community Champion Award to the award winner		1,995
		<hr/> <b>6,787</b>

**EXCESS OF INCOME OVER  
EXPENDITURE**

---

**1,008**

---

Funders & sponsors during the year



INVESTING IN  
englandsnorthwest

